



# TOP Clubhouse

A PLACE TO BELONG

## TOP Mission Statment

TOP Clubhouse is a unique, strengths-based mental health program which supports adults living with mental illness sustain recovery. Members and staff work side by side to operate the Clubhouse, which offers educational, employment and recreational opportunities. This recovery model promotes dignity and self-esteem by empowering members to achieve their goals.

## A Snapshot of Services

- Service collaboration
- Prevocational work units
- Employment, education, and housing assistance
- Socialization opportunities
- Community integration supports

## How to Become a Member

To be a member, you must be at least 18 years old with a diagnosed mental illness.

## Necessary Documents for Enrollment Include:

- Completed application
- Psychiatric or psychosocial evaluation within one year
- Insurance not required

## CONTACT US

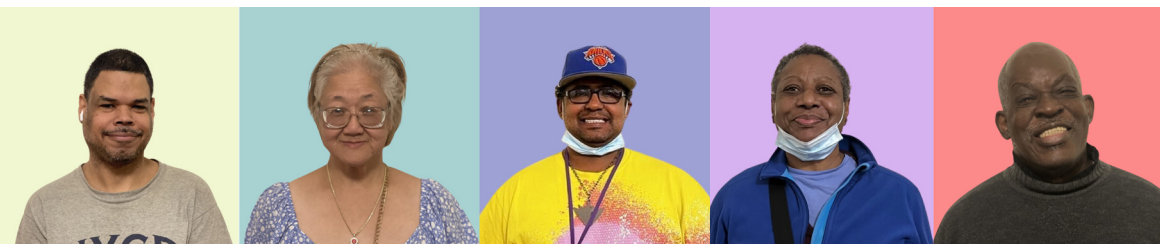
[TOPofficecenter@goddard.org](mailto:TOPofficecenter@goddard.org)

(212) 799 – 7171

[www.goddard.org/topclubhouse](http://www.goddard.org/topclubhouse)

286 West 86th Street, New York, NY 10024

 @topclubhousenyc



SELF EMPOWERMENT  
INDEPENDENCE  
PERSONAL GROWTH  
FRIENDSHIP & UNITY

# Goddard Riverside

INVESTING IN PEOPLE, STRENGTHENING COMMUNITY





## Our Vision

TOP Clubhouse has a single vision: To foster a community whereby individuals with a history of mental health challenges become empowered and motivated to achieve their goals. Members of TOP are given the opportunity to participate in meaningful work, pursue education and employment, and develop relationships with others.

We believe that individuals with a history of mental illness have a right to a safe and caring community that both supports and challenges individuals to aspire and achieve their desired goals – to successfully live, work, socialize, and function independently.

## The Clubhouse Model

In a Clubhouse, participants are members—not patients. A Clubhouse is a unique and powerful partnership between staff and members who work together as colleagues to run the program— all contributing to the recovery process. This combination of community, responsibility and meaningful work produces powerful results.

## Work-Ordered Day

The Work-Ordered Day parallels normal working hours, in which members and staff work side by side to complete the work of the Clubhouse. This experience builds self-esteem and prepares members for independent employment in the community. The Clubhouse is made up of two work units: the Business Unit (BU), and Culinary Unit (CU). Members can choose the unit they prefer based on their skills and/ or interests.

### Unit Tasks Include:

- Tours & orientation for new members
- Attendance tracking
- Inventory & supplies ordering
- Reception tasks (i.e. answering phones, taking messages)
- Clerical tasks (i.e. typing, data entry)
- Monthly newsletter
- Transitional Employment (TE) development
- Advocacy
- Meal Planning, Preparation & Service

## Transitional Employment

Transitional Employment offers paid, entry level employment opportunities for members overcoming vocational challenges. The Clubhouse develops partnerships with a variety of employers in the community to create consistent placements for clubhouse members who wish to transition back into the workforce.



## Social Program

Members engage in a vibrant social and recreational program that includes outings, open mics, birthday celebrations, and holiday parties.

## Hours of Operation

TOP Clubhouse is open Monday through Friday 9 AM — 5 PM