A Snapshot of Services

- Service collaboration
- Prevocational work units
- Employment, education, and housing assistance
- Socialization opportunities
- Community integration supports

How to Become a Member

To be a member, you must be at least 18 years old with a diagnosed mental illness. Necessary documents for enrollment include:

- A current psychiatric evaluation
- A current psychosocial evaluation
- A current physical exam and PPD

Documents should be current and written within 6 months of intake.
Our Vision

TOP Clubhouse has a single vision: To foster a community whereby individuals with a history of mental health challenges become empowered and motivated to achieve their goals. Members of TOP are given the opportunity to participate in meaningful work, pursue education and employment, and develop relationships with others.

We believe that individuals with a history of mental illness have a right to a safe and caring community that both supports and challenges individuals to aspire and achieve their desired goals—to successfully live, work, socialize, and function independently.

The Clubhouse Model

In a Clubhouse, participants are members—not patients. A Clubhouse is a unique and powerful partnership between staff and members who work together as colleagues to run the program—all contributing to the recovery process. This combination of community, responsibility and meaningful work produces powerful results.

Work-Ordered Day

The Work-Ordered Day parallels normal working hours, in which members and staff work side by side to complete the work of the Clubhouse. This experience builds self-esteem, and prepares members for independent employment in the community.

The Clubhouse is made up of three work units: the Office Center (OC), Culinary Team (CT), and Education & Employment Center (EEC). Members can choose the unit they prefer based on their skills and/or interests.

Unit Tasks Include:

- Intake & orientation for new members
- Attendance tracking
- Inventory & supplies ordering
- Reception tasks (i.e. answering phones, taking messages, distributing mail)
- Clerical tasks (i.e. typing, data entry)
- Monthly newsletter

Transitional Employment

Transitional Employment offers paid, entry level employment opportunities for members overcoming vocational challenges. The Clubhouse develops partnerships with a variety of employers in the community to create consistent placements for clubhouse members who wish to transition back into the workforce.

Social Program

The Clubhouse offers a social and recreational program weekly after the work-ordered day, on weekends, and on holidays. Members are given the opportunity to engage in creative arts, games, and social outings.

The weekend program is hosted in the TOP Clubhouse at 263 West 86th St. and operates on Saturdays from 9:30 AM - 1:00 PM.